**Breakfast**
*Served All Day Every Day!*

- **Egg Sandwich** .......................... $3.62
  - Add Cheese OR Ham .......... $4.65
  - Add Cheese & Ham ............. $5.62

- **Kombucha** ............................................................ $3.76
- **Juice** .......................................................... $2.07
  - **Gatorade**
  - **San Pellegrino Can**
  - **White & Chocolate Milk**

- **Soft Drinks**

- **Beverages**

- **Bagel**
  - **Plain**, **Cinnamon Raisin**, **12 Grain**, **Everything**
  - **with Peanut Butter or Jam** ............... $3.81
  - **with Cream Cheese** .................. $2.62
    - **with Jam/Peanut Butter** .... $2.38
    - **with Butter** .................. $2.14

**Soups & Salads**

- **Soup of the Day** ............................ $2.72
- **Bullring House Salad** ............. $4.73 / lg $6.95
  - Mixed greens with cabbage, carrots, tomato, onion, black olives and sunflower seeds
  - **Balsamic Vinaigrette**, **Poppy seed Vinaigrette**,
- **Greek Salad** .......................... $4.87/ lg $7.39
  - Mixed greens with tomato, onion, feta cheese and olives
- **Crisp romaine**, **Caesar dressing**, **croutons and bacon bits**
- **Cranberry Almond Salad** .......... $4.87 / lg $7.39
  - Mixed greens, feta cheese, cranberries and slivered almonds with garlic orange vinaigrette

**Pizza**

- **Mediterranean Pizza** .................. $6.86
  - Pesto, tomato, onion, feta and mozzarella cheese
- **Classic Pizza** .......................... $6.86
  - Tomato sauce, tomato, onion, green peppers and mozzarella cheese
- **Cheese Pizza** .......................... $6.86
  - Tomato Sauce and Cheese
- **Pepperoni Pizza** ........................ $6.86
  - Tomato sauce, pepperoni and mozzarella cheese
- **Vegan Pizza** .......................... $6.86
  - Tomato sauce, mushrooms, tomato & onion topped with vegan cheese

**Appetizers**

- **Bruschetta Bread** .......................... $4.95
  - Tomato, Onion, Basil, Olive oil on toasted flatbread (VEGAN)
- **Spinach & Artichoke Dip** .......... $6.06
  - Creamy dip with asiago cheese, served hot with toasted pita and corn chips (VEGETARIAN)
- **Hummus & Bread** ...................... $4.11
  - 3 Scoops Sunflower Rye with a scoop of our homemade hummus. (VEGAN)
- **Quesadilla - Veggie** ............. $5.53
  - Chicken ...................... $7.74
  - **Shredded Cheddar**, tomato and onion folded in a tortilla and baked.
  - Served with **Sour Cream & Salsa**
- **Antojitos** .......................... $6.06
  - 2 Tortillas spread with Spicy Cream Cheese, rolled, baked and sliced. (VEGETARIAN)
  - Served with **Sour Cream & Salsa**
- **Nachos** .......................... $7.04
  - Corn Chips topped with onions, tomatoes, green peppers and shredded cheese with sour cream and salsa (VEGETARIAN)
- **Vegan Nachos** ...................... $7.04
  - Corn Chips topped with onions, tomatoes, green peppers and vegan cheese with a side salsa
  - **Garlic Bread** ...................... $4.42
  - On an open-faced ciabatta bun topped with melted mozzarella cheese (VEGETARIAN)
Sandwiches

On choice of white, whole wheat or gluten free bread

Grilled Vegetable & Hummus ..........................$5.09
Grilled zucchini, green pepper and onion, cabbage, carrots, lettuce and tomato with our homemade hummus (VEGAN)

Ham & Swiss ...........................................$5.53
Smoked ham, lettuce, tomato and dijonaise topped with swiss cheese

Turkey Pesto ...........................................$5.53
Turkey, lettuce, tomato and pesto spread

Turkey Club ..............................................$5.53
Turkey, salami, lettuce, tomato and mayo

BBQ Beef & Mozzarella ...............................$6.06
Warm Roast Beef with smoked BBQ sauce topped with tomato and mozzarella cheese

Philly Cheese Steak ...................................$6.64
Warm Roast Beef, grilled mushrooms, peppers and onions topped with mozzarella cheese

Chicken Asiago Salad .................................$5.53
Chicken tossed with mayo, celery, asiago cheese & artichokes topped with lettuce & tomato

Goat Cheese & Portobello ............................$6.19
Roasted Red Pepper, Grilled Portobello & Onion with Goat Cheese (VEGAN)

Veggie Burger .......................................... $5.53
A veggie patty grilled, topped with lettuce tomato and hummus. (VEGAN)

Wraps

On choice of white, whole wheat or gluten free wrap

Tofu Wrap ..................................................$5.09
Warm soy/Sesame marinated tofu, lettuce, tomato, onion, soy sesame glaze & vegan mayo in a toasted wrap (VEGAN)

Black Bean Wrap ......................................$5.09
Our house made black bean mix, topped with lettuce, cabbage, carrot, onion, cucumber & tomato (VEGAN)

Caesar Wrap ............................................$5.09
Crisp romaine, Caesar dressing, bacon bits in a toasted wrap

Chicken Caesar Wrap .................................$6.19
Crisp romaine, Caesar dressing, chicken and bacon bits in a toasted wrap

Chicken Chipotle Wrap ...............................$6.19
Chicken, lettuce, tomato and chipotle mayo in a toasted wrap

Turkey Swiss Wrap ....................................$6.19
Turkey, cranberry mayo, onion and lettuce in a toasted wrap

Tuna Wrap ...............................................$5.09
Tuna salad, lettuce & tomato in a toasted wrap

Tuna Melt ..................................................$5.53
2 Slices on sunflower rye topped with tuna salad and melted cheese, served open face.

Entrees

Chicken Tikka Masala .................................$7.04
Marinated Chicken in a spicy tomato sauce served over a bed of rice with garlic pita. (GF with Corn Chips instead of Pita)

Chana Masala .........................................$5.53
Chickpeas, tomatoes and curry spices served over a bed of rice with mango chutney (VEGAN & GF)

Bean Burrito ............................................$6.06
Our house made bean blend, lettuce, tomato and cheese in a toasted wrap served with sour cream & salsa (VEGETARIAN – CAN BE MADE VEGAN)

Bean Bowl ...............................................$6.06
Our house made bean blend served over rice with lettuce, diced tomato & cheddar cheese served with sour cream & salsa (GLUTEN FREE & VEGETARIAN – CAN BE MADE VEGAN)

Mac n Cheese .......................................... $5.09
Hot and cheesy, a Bullring favourite. (vegetarian)

Add Ons & Miscellaneous

Regular Cookies ......................................$1.00 2/$1.50
GF/Vegan Cookies .................................$2.21
Chips .....................................................$1.50
Muffins ....................................................$1.75
Apples or Pears .......................................$1.50
Brownie/Banana .................................$2.85
Nutah Bar .............................................$2.50
Add Tofu/Tuna/Hummus .........................$3
Add Cheese/Bacon/Bread .......................$1.50
Add Chicken ............................................$3